



# Maribyrnong Primary School

## PE Overview Term 2



### Term 2 Learning

Welcome to PE, term 2, 2024. This term we will be focusing on developing fundamental movement skills and learning cooperation and teamwork strategies.

Student learning will focus on:

- Fundamental Movement Skills: catch, kick, run, jump, overhand/underarm throw, ball bounce, leap, dodge, punt, forehand strike, two-hand side-arm strike.

PE Lessons include:

- Participating in a wide range of physical activities: Health and Fitness Games, chasing and Fleeting Games, Gala Day specific sports, Athletics carnival practise.
- Cooperative Skills: Sportsmanship, communication, cooperation, teamwork, trust, and problem solving.
- Following rules when participating in games.

### How you can support learning

- Playing games with your child/children that include the fundamental movement skills (listed above).
- Encourage participation in all activities.
- Encourage your child to be active outside of school.
- Promote healthy lifestyle habits within your family.
- Discuss sportsmanship values with an emphasis on enjoyment and participation.

### Key Dates and Activities

- 7<sup>th</sup> May: ACT Swimming
- 2<sup>3rd</sup> May: Belconnen Cross Country
- 14<sup>th</sup> June: ACT Cross Country
- 19<sup>th</sup> June: Maribyrnong Athletics Carnival

### Key contact details

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