



Maribyrnong Primary School

PE Term 4 Overview



Term 4 Learning

Welcome to PE, Term 4, 2024. This term we will be focusing on developing fundamental movement skills and implementing these into games and sports as well as learning cooperation and teamwork strategies.

Student learning will focus on:

- Fundamental Movement Skills: catch, kick, run, jump, overhand/underarm throw, ball bounce, leap, dodge, punt, forehand strike, two-hand side-arm strike.
- Participating in and learning about different sports that use these skills.

PE Lessons include:

- Participating in a wide range of physical activities.
- Cooperative Skills: Sportsmanship, communication, cooperation, teamwork, trust, and problem solving.
- Following rules when participating in games.

How you can support learning

- Playing games with your child/children that include the fundamental movement skills (listed above).
- Encourage participation in all activities.
- Encourage your child to be active outside of school.
- Promote healthy lifestyle habits within your family.
- Discuss sportsmanship values with an emphasis on enjoyment and participation.

Key Dates and Activities

Please note that if any key dates arise, they will be communicated with families via email based on evolving school plans

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